

# Lent

The purpose of the tutor reflections are to

1. Enable staff and students to reflect upon the schools vision and values.
2. Provide staff and students with an opportunity to explore the impact of faith and the teachings of Jesus in today's world.

(SIAMS Framework Nov 2017)



# Lent



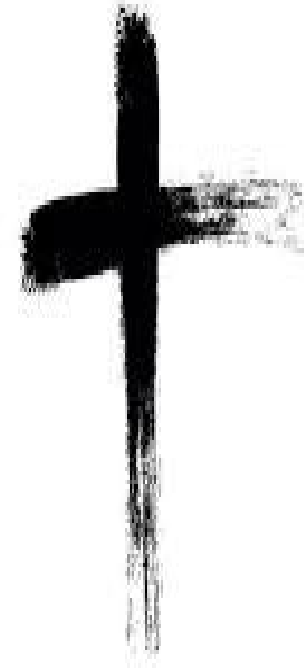
# Lent

This week marks the start of Lent. The 40 days leading up to Easter.

Shrove Tuesday (Pancake Day) is the day before Lent.

Lent begins on Ash Wednesday.

For some Christians this includes the practice of marking the forehead with ash.



Word

# Lent

The ash reminds Christians that we are not perfect but material and mortal.

*"Remember that you are dust, and to dust you shall return."*

(Gen. 3:19)



St. Christopher's  
MULTI ACADEMY TRUST

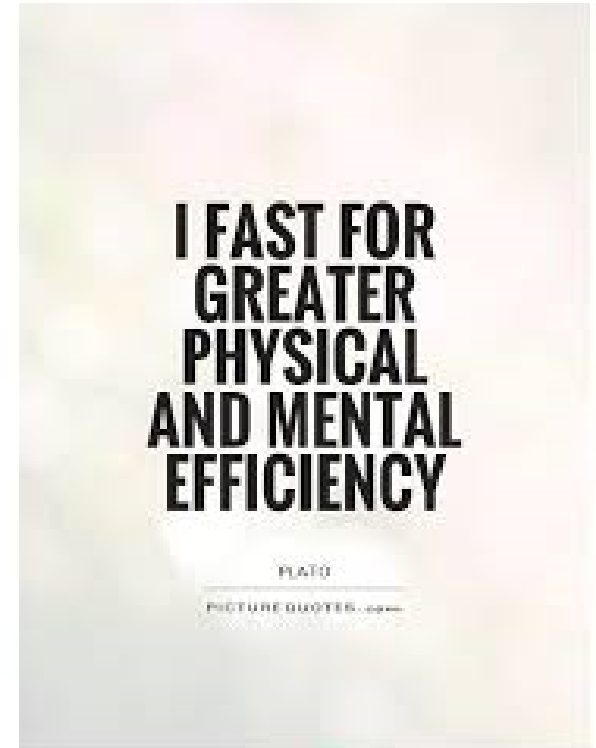


# Lent

We may not be perfect but we can all choose to be kind.

The festival of Lent in the Christian calendar remembers the 40 days Jesus spent praying and fasting in the desert.

Fasting is a test of self-discipline, self-control and striving to become the best version of ourselves.



# Lent

Many Christians use these 40 days leading up to Easter as an opportunity to practice resisting temptation by giving up bad habits.

Recently, rather than giving something up, some people are choosing to take up a new challenge.



# Lent

Last week we took time to reflect on the school Kindness Tombola challenge.

We were encouraged to commit to one act of Kindness that day.

During this season of Lent could you commit to 40 acts of kindness, not just at school but in our community?



# Lent





# Lent

Some of you have already made a start...

On the next slide you can read an extract from a letter that was sent to the school last week thanking students for their random act of Kindness in Ilfracombe.



# Lent

*“To The Academy Head...*

*...I dropped a glass jar as I got out of my car. This was at home time which is a route home for some pupils. As I dropped the glass it shattered on the floor...I of course tried to down play it even though I was very red faced. At that moment 6 boy students literally came running to my aid asking if I was O.K and offered to help.*

*Thank you so much boys!”*



# Lent

During this season of Lent you are invited to take part in the 40 Acts of Kindness challenge.

For more information visit

<https://40acts.org.uk/>

